

Jersey Pom Poms



Gather your materials:

- scissors
- needle & sturdy thread
- cardboard sheet ~ 3x5 inches
- knit fabric cut into 1/2 inch strips



When cutting fabric, cut strips parallel to the stretch so each strip. Run each strip through your fist, stretching the material slightly. Each strip will curl around itself, forming a hollow string.



Wrap each string around the card. The longer the card, the larger the pom. Don't worry that the string isn't continuous, just keep layering each segment on top of the other.



Once you get a nice pile of jersey wrapped around the card, you're ready to tie it off.



Before removing the pile of strings, tie one side of the loop off. This helps to keep the strings organized when you pull it off the cardboard.



Carefully remove the pile of strings from the cardboard.



Tie the entire bundle with string as **TIGHTLY** as possible. You may need some extra hands for this part.



With your awesome sewing scissors, cut each loop in half. You'll want to do this over a garbage can, it gets messy. After you've cut each loop, fluff the material out to make a ball. Trim the ball down to a round sphere, fluffing as you go.



Put them on headbands, elastic bands, teeshirts, newborns or in a basket for admiring. Enjoy.



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