

Shirt to Dress Tutorial



Right Side



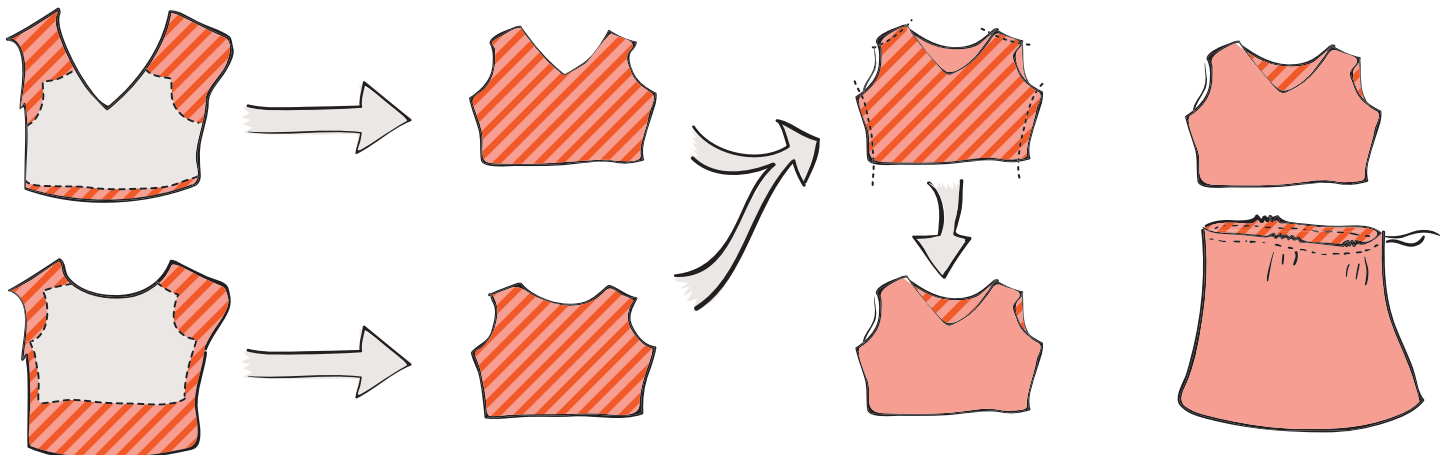
Wrong Side



Step 1: Chop, Chop the Shirt

Cut off the sleeves and cut the old shirt about in half. Make sure there's enough fabric on bottom for the skirt piece and enough on top that the bodice isn't too short. Then cut the top part along the seams.

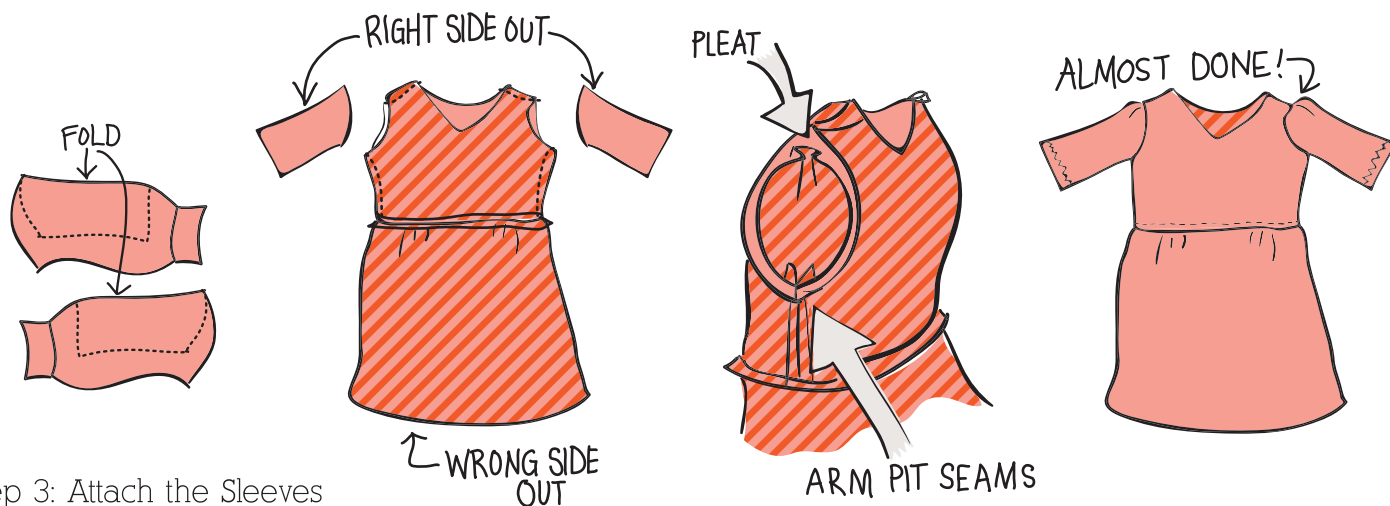
Set the sleeves and bottom aside. You'll need these later.



Step 2: Make the Bodice & Attach the Skirt

Using one of your toddler's shirts as a guide, line it up with the front of the old shirt for your desired neckline. Mark your lines about a half inch out from your toddler shirt and cut. Cut out the back piece using the front piece as your guide.

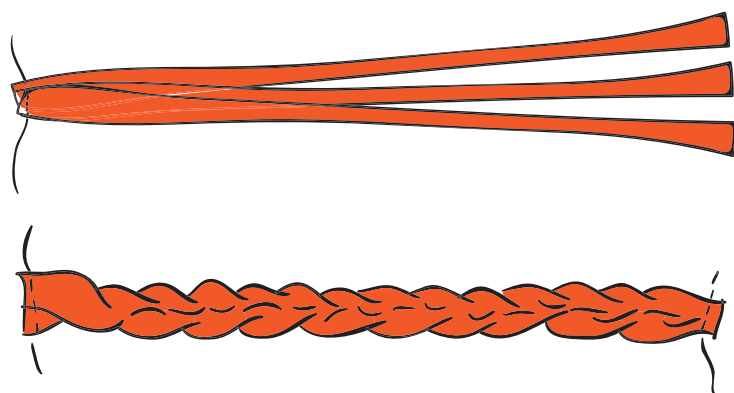
Sew right sides of the bodice together. Turn right side out. Baste stitch 1/4 inch away from the raw edge of the bottom of the old shirt. Gather. Turn inside out, line up with the bodice, pin and sew.



Step 3: Attach the Sleeves

Using the sleeves from your original shirt and a toddler shirt as your guide, cut your sleeves a little bit wider than your arm holes with a slight circular edge. Sew right sides together. Turn your sleeves right side out and the dress wrong side out, and prepare to attach the sleeves.

Pin right sides together, matching up the bottom seams and the top of the sleeve to the shoulder seam. Pin a pleat at the top with the extra material. Sew. Repeat for other sleeve. Hem the sleeves and top-stitch the waist line with a zigzag stitch.



Step 4: Attach the Belt & Embellishment

Using coordinating fabric (I used a knit) cut 3 strips 2-3 inches wide and the length of the circumference of the dress waistline plus a few inches. I just eyeballed it. It's better to have too much than too little fabric.

Baste stitch the three strips together at one end. Braid. Baste stitch the other end. Attach the braid to the dress by sewing the ends to the middle front of the skirt. Cover up the unfinished ends with a little flower, hand embroidery or embellishment.

FINI!



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